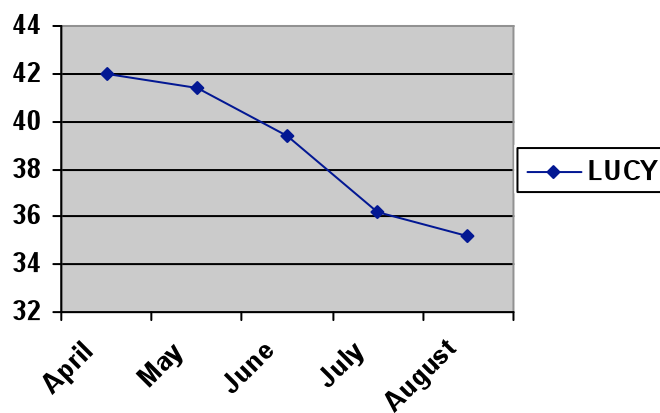


Lucy, Solas and Eilidh are daughter mother and grandmother Golden Retrievers. They all still live together but have different stories and reasons for the vet advising that they needed to loose weight.

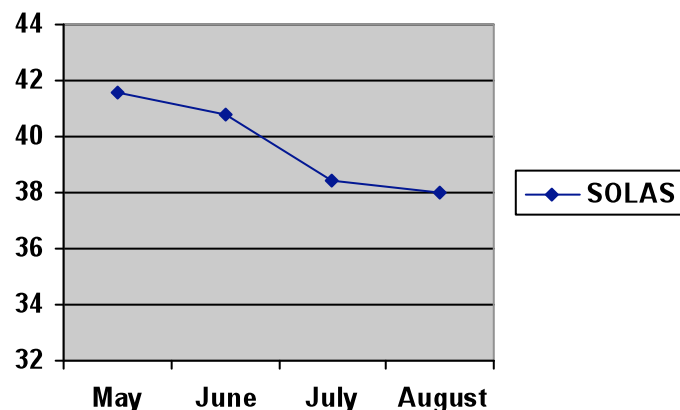
LUCY

The youngest dog of the three at four years old had a puppy at the beginning of April. She obviously put on weight through her pregnancy and was 42kg (92.5lb) on the day she had her caesarian. Since then Lucy has recovered and has lost 6.8Kg (15lb) and at her last weigh in she was 35.2Kg (77.5lb)



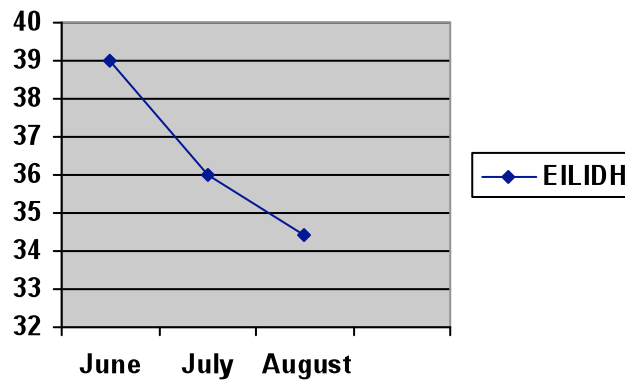
SOLAS

Solas is nine years old and over the past few years has started to become stiff. She was started on glucosamine to help her joints but recently her joints have been bothering her more and more so we decided to x-ray her. The x-ray showed that she had very early signs of arthritis in her shoulder and very bad arthritis in her elbow. She is now on a painkiller and anti-inflammatory liquid, which she has everyday to make her comfortable. The vet also recommended that if she could loose a bit of weight this would put less pressure on her joints. Her owner has started her on a weight management food and she is doing brilliantly. Solas was 41.6Kg (91.6lb) at the beginning of June and at her last weigh in on 1st September she had lost 3.6Kg (7.9lb) and was 38Kg (83.7lb)



EILIDH

Eilidh is thirteen years old and similar to Solas in that she has stiff joints. This started to affect her back in 2006 but it has slowly got worse. She has been on the same anti-inflammatory and painkiller that Solas is on for the past two years which has kept her happy and comfortable. Last year she was also diagnosed with hypothyroidism which is an under active thyroid, this slows the metabolism and makes them more likely to gain weight. Recently as she is getting older another painkiller has been added to her treatment, which has really made a difference to her. Over the past few years her weight has slowly crept up due to her illnesses but since the three of them have been dieting she has come down from 39Kg (85.9lb) to 34.4Kg (75.8lb) losing these 4.6Kg (10.1lb) has completely changed her, she has a new lease of life!



The girls have been on their holidays this summer to the North of Scotland and have been swimming and walking lots each day. The exercise has helped them so much and they are all much healthier. They have been on a weight management food and restricted to only having that. They are all doing really well and looking great!

